2. The bugs are trying to stay home in their burrows too, can you help them?
Every time you are kind or listen quietly or complete a task that is asked of you a bug can go into their burrow!
How many bugs can you collect by the end of each day?
And how many bugs will be in their burrows at the end of the week?"

3. Use the bugs below by cutting them out, (or getting your kiddo to cut them out!) then using a dab of glue, small piece of blue tac or a little sellotape and stick the bugs on the chart each time you see good things happening!

4. If you run out of bugs just print another sheet out! If you don't have time to cut them out, or don't want to, don't worry, you can use a simple tally in the box, or let your kiddo draw a bug! It's your chart and it's meant to help, not frustrate, so tailor it to what works for you and your kid(s).

5. There's one bug in each burrow to get you started, because it's always nice to start on a positive note!

6. At the end of each day count up the bugs, or ask your kiddo to do this and write the number down inside the burrow. Then, at the end of each week, add up the totals or re-count all your bugs and see just how many bugs you helped stay home!

> 7. This is nothing in the grand scheme of things at the moment, but hopefully it's a little bit of fun and easy engagement that you didn't have to create all alone, much love X



